

Pano Deftera,
Nicosia
Tel: 22 662164
Email: info@ensomatigym.com

the white room



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17:30 18:20	KIDS M.M.A MIXED GENDER	KIDS FITNESS MIXED GENDER	KIDS M.M.A MIXED GENDER		KIDS FITNESS MIXED GENDER	
18:30 20:00	KICKBOXING MUAY THAI ADULTS MIXED GENDER	STRIKING FOR M.M.A ADULTS MIXED GENDER	WRESTLING BRAZILIAN JIU -JITSU ADULTS MIXED GENDER	KIDS M.M.A MIXED GENDER	M.M.A ADULTS MIXED GENDER	

**OUR
Affiliations**



**BASIC GEAR PACKAGE FOR M.M.A & BJJ
[BOXING GLOVES, HAND WRAPS, MOUTH GUARD, CUP]**

**ADVANCE GEAR FOR M.M.A & BJJ
[MMA GLOVES, SHIN GUARDS, HEADGEAR]**

* Limited attendance, to pre book your place please call 99854555 (Nikos Kollias)

* Περιορισμένος αριθμός θέσεων, για να προκρατήσετε την θέση σας παρακαλώ τηλεφωνήστε στο 99854555 (Nikos Kollias)